

32nd ESTS MEETING

26 - 28 MAY 2024 • BARCELONA, SPAIN

“Barcelona 2024 - ESTS, more than a Society!”

SYMPOSIUM FOR NURSES AND ALLIED HEALTH PROFESSIONALS

MONDAY 27 MAY 2024 • 08:00h-17:30h



Laureano Molins, MD, PhD, FEBTS
Chair, Local Organizing Committee



Eric Galve, Javi Martínez & Judit Armas
Nurses & Allied Health Professionals
Symposium Organizers

Dear Colleagues,

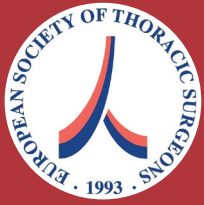
On behalf of the Nurse, Physiotherapists and other AHP committee, we extend a warm welcome to this distinguished event that brings together professionals in thoracic surgery from around the world. We are excited to offer you a unique opportunity to share knowledge, experiences, and advances in our specialties.

We particularly would like to highlight the roundtable discussions that will address the latest updates in prehabilitation, perioperative care and postoperative patient management. These discussions will be interdisciplinary, with active participation from nurses, physiotherapists, nutritionists, and other experts.

Additionally, the meeting will feature practical workshops allowing participants to acquire hands-on skills. We will also offer a guided tour of Hospital Clínic de Barcelona, providing a unique insight into our clinical environment. We want to acknowledge and reward excellence in presentation, so there will be three prizes for the best speakers, recognizing the effort and quality of contributions.

We invite you to participate by presenting your work in both poster and oral communication formats. This meeting is not only a platform for disseminating the latest research but also a space for idea exchange and collaboration among professionals from various disciplines.

We look forward to your active participation!



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Award: Award: Best Abstract 500 euros award

08:00-08:15

INAUGURAL CEREMONY

Organizing Committee & ESTS Working Group

08:15-08:45

“Smoking UPDATE”

08:45-09:45

PREHABILITATION

Chair: Álvaro Clemente (Barcelona/ES)

- Training programs for patients prior to thoracic surgery intervention
- Role of the nutritional adaptation of the patient prior to thoracic surgery
- The important of physical activity and joint management in thoracic surgery patients
- Discussion

09:45-10:45

ERAS

Chair: Enrique del Campo (Barcelona/ES)

- Immediate postoperative rehabilitation and mobilization (REAS/URPA). When (red flags) and how to start it
- Abstract presentation
- Discussion

10:45-11:15

Coffee Break

11:15-12:15

POSTOPERATORY MANAGEMENT

Chair: Johnny Moons (Leuven/BE)

- Nursing role in open, minimally invasive and robotic surgery (management in each of them)
- Abstract presentation
- Real patient experience
- Discussion

12:15-13:30

Lunch Break

13:30-14:30

PRACTICAL WORKSHOP

- Updates in OR Diagnosis of postoperative atelectasis with USG and management
- OR Simulation in critical situations

14:30-15:00

POSTERS

Chairs: Organizing Committee & ESTS Working Group

15:00-15:30

Coffee Break

15:30-16:30

SYMPOSIUM

Chairs: Organizing Committee & ESTS Working Group

- Abstract presentation

16:30-17:00

CLOSING CEREMONY

Organizing Committee & ESTS Working Group

NURSES AND ALLIED HEALTH PROFESSIONALS

AWARD DELIVERED DURING THE ESTS PARTY

TUESDAY 28 MAY 2024 - 10:00-12:00 h

10:00-12:00

HOSPITAL CLINIC TOUR

- Operating room
- Respiratory intensive care
- Thoracic surgery unit
- Prehabilitation

