

# 32nd ESTS MEETING

26 - 28 MAY 2024 • BARCELONA, SPAIN

*“Barcelona 2024 - ESTS, more than a Society!”*

## SYMPOSIUM FOR NURSES AND ALLIED HEALTH PROFESSIONALS

MONDAY 27 MAY 2024 • 08:00h-17:30h



**Laureano Molins, MD, PhD, FEBTS**  
Chair, Local Organizing Committee



**Eric Galve, Javi Martínez & Judit Armas**  
Nurses & Allied Health Professionals  
Symposium Organizers

Dear Colleagues,

On behalf of the Nurse, Physiotherapists and other AHP committee, we extend a warm welcome to this distinguished event that brings together professionals in thoracic surgery from around the world. We are excited to offer you a unique opportunity to share knowledge, experiences, and advances in our specialties.

We particularly would like to highlight the roundtable discussions that will address the latest updates in prehabilitation, perioperative care and postoperative patient management. These discussions will be interdisciplinary, with active participation from nurses, physiotherapists, nutritionists, and other experts.

Additionally, the meeting will feature practical workshops allowing participants to acquire hands-on skills. We will also offer a guided tour of Hospital Clínic de Barcelona, providing a unique insight into our clinical environment. We want to acknowledge and reward excellence in presentation, so there will be three prizes for the best speakers, recognizing the effort and quality of contributions.

We invite you to participate by presenting your work in both poster and oral communication formats. This meeting is not only a platform for disseminating the latest research but also a space for idea exchange and collaboration among professionals from various disciplines.

**We look forward to your active participation!**



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08:00-08:15

## INAUGURAL CEREMONY

Organizing Committee & ESTS Working Group

Chairs: Eric Galve Martínez (Barcelona/ES)

Javier Martínez (Barcelona/ES)

Judit Armas Gay (Barcelona/ES)

Malene Missel (Copenhagen/DK)

Johnny Moons (Leuven/BE)

Florian Fehlmann (Zürich/CH)

08:15-08:45

## SMOKING

Chair: Angela Guirao (Barcelona/ES)

### • Introduction

Nadia Espinosa (Barcelona/ES)

### • Smoking UPDATE

María del Rocío Acuna (Barcelona/ES)

### • Discussion

08:45-09:45

## PREHABILITATION

Chair: Álvaro Clemente (Barcelona/ES)

### • Training programs for patients prior to thoracic surgery intervention

Raquel Sebio (Barcelona/ES)

### • Role of the nutritional adaptation of the patient prior to thoracic surgery

Bárbara Romano (Barcelona/ES)

### • Discussion

09:45-10:45

## ERAS

Chair: Enrique del Campo (Barcelona/ES)

### • Immediate postoperative rehabilitation and mobilization (REAS/URPA). When (red flags) and how to start it

Laura Muelas (Madrid/ES)

N-01

### • Ready to go home? Nurse perspectives of prolonged admission for patients undergoing video-assisted thoracoscopic surgery for non-small cell lung cancer in denmark

Malene Missel (Copenhagen/DK)

N-02

### • Optimizing nursing care elements as part of an enhanced recovery protocol for lung volume reduction surgery ell lung cancer in denmark

Eva Puttevils (Leuven/BE)

### • Discussion

10:45-11:00

Coffee Break

11:00-12:00

## POSTOPERATORY MANAGEMENT

Chair: Johnny Moons (Leuven/BE)

### • Nursing role in open, minimally invasive and robotic surgery (management in each of them)

Pedro Cartatxo (Barcelona/ES)

N-03

### • “PeriopTime” the new kid on the block -

A refined enhanced recovery program

Florian Fehlmann (Zurich/CH)

N-04

### • How are you doing at home? A qualitative pilot study of patients’ experiences of symptoms after lung cancer surgery

Pernille Orloff Donsel (Copenhagen/DK)

### • Real patient experience

12:00-13:30

Lunch Break

13:30-14:30

## PRACTICAL WORKSHOP

### • Simulation in critical situations

Pedro Cartatxo (Barcelona/ES)

### • Enhancing patient care with digital chest drains

Understand the application of chest drains.

Hands-on experience: unveiling the advantages of digital chest drains for enhanced patient and nursing care

Fun nurses’ trivia game with exciting prizes

14:30-15:00

## POSTERS

Chairs: Eric Galve Martínez (Barcelona/ES)

Judit Armas Gay (Barcelona/ES)

Javier Martínez Guiu (Barcelona/ES)

N-05

### CARE OF A PATIENT WITH RECURRENT PNEUMOTHORACES ACCORDING TO WATSON’S THEORY OF HUMAN CARING: A CASE REPORT

Ezgi Eyiler (1), Emine Kol (2)

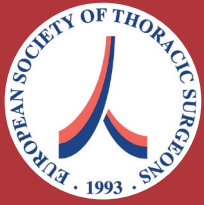
1. Afyonkarahisar/TR

2. Antalya/TR

N-06

### IS THE PREVALENCE OF ATRIAL FIBRILLATION AFTER LUNG CANCER SURGERY DECREASING DUE TO LESS INVASIVE SURGERIES OR ARE WE SIMPLY FAILING TO DETECT THEM BECAUSE OF SHORTER HOSPITALIZATIONS?

Hanne Declerck, Johnny Moons, Chloé Weynants, Eva Puttevils, Yanina Jansen, Paul De Leyn, Lieven Depypere  
Leuven/BE



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**N-07**

**NURSES' USE OF PHYSICAL EXAMINATION METHODS IN THORACIC SURGERY CLINICS: AN OBSERVATION STUDY**

Aysegül Korkmaz Dogdu, Emine Kol

Antalya/TR

**N-08**

**CHEST TUBES NURSING CARE MANAGEMENT – COMPLICATIONS AND TROUBLESHOOTING (2017 - 2024)**

Karmen Gacic, Marija Bizilj, Bojana Smrke Kumer

Ljubljana/SL

**15:00-15:30**

Coffee Break

**15:30-16:30**

**SYMPOSIUM**

Chairs: Eric Galve Martínez (Barcelona/ES)

Judit Armas Gay (Barcelona/ES)

Javier Martinez Guiu (Barcelona/ES)

• Abstract presentation

**N-09**

**National Scalability of Distant Patient Video**

**Monitoring: Validating Improved Outcomes in High-Risk Patients**

Marijana Zubrinic (1), Alim Hirji (2), Leann Shewchuk (2), Nicole Zahara (2), Emily Hannon (1), Ashley Liu (1), Jimmy Qiu (1), Justin Young (1), Shaf Keshavjee (1)

1. Toronto/CA

2. Edmonton/CA

**N-10**

**EARLY WARNING SCORE (NEWS) AFTER ESOPHAGECTOMY: PRACTICAL USEFULNESS FOR NURSES.**

Eveline Gijbels, Johnny Moons, Chloé Weynans, Ninke Tuerlinckx, Eva Puttevils, Hanne Declerck, Lieven Depypere, Toni Lerut, Theo Van Achterberg, Philippe Nafteux

Leuven/BE

**N-11**

**EFFECTIVENESS OF BREATHING RELAXATION EXERCISES ON PAIN DUE TO CHEST TUBE REMOVAL**

Ezgi Eyiler (1), Ayşe Yacan Kök (2)

1. Afyonkarahisar/TR

2. Antalya/TR

**N-12**

**NIGHTMARES IN INHALATION THERAPY - A GUIDE ON HOW TO AVOID REGULAR ERRORS WITH A SPECIAL EMPHASIS ON POSTOPERATIVE THORACIC SURGERY PATIENTS**

Florian Fehlmann

Zurich/CH

**N-13**

**'STAYING COOL, CALM AND POSITIVE' - A QUALITATIVE ANALYSIS OF EMOTIONAL REACTIONS IN NARRATIVES ABOUT OPERABLE LUNG CANCER**

Mai Nanna Schoenau, Malene Missel

Copenhagen/DK

**16:30-17:00**

**CLOSING CEREMONY**

Organizing Committee & ESTS Working Group

**NURSES AND ALLIED HEALTH PROFESSIONALS AWARD DELIVERED DURING THE ESTS PARTY**

TUESDAY 28 MAY 2024 - 10:00-12:00 h

**10:00-12:00**

**HOSPITAL CLINIC TOUR**

- Operating room
- Respiratory intensive care
- Thoracic surgery unit
- Prehabilitation

